

all the dates you need to create the year you want







# YOUR GALENDAR® YOUR WAY!

If you're sick of following the rules and being told what to do and what to care about, this is the list for you.

Curated by <u>CARMEN GET IT!®</u> to be used alongside <u>The Galendar®</u>, this fabulous list is designed to help you plan the year you want - a year that brings you joy and meaning.

Gals, it's time to say goodbye to traditional, boring ol' calendars, and say hello to a different way of doing things. It's your Galendar®, your way!

Celebrate Rosh Hashanah, Nowruz or Lunar New Year? Great! We won't tell you 'New Year' is on January 1. Prefer to celebrate the Queen's birthday on September 4 with Beyoncé instead? Love that for you! Want to celebrate feminist events and trailblazing women this year? DO IT!

Don't have a Galendar® in your life yet?

That's ok, gal, we got you! Order yours,
or just pop the dates in your regular calendar!

# WHAT ON EARTH IS A GALENDAR?®

The Galendar® is for gals who are ready to go after all the things they want in 2021 and beyond.

Created mid-pando by CARMEN GET IT!®, designed by Syster Design Studio, and printed on recycled paper by eco-friendly & woman-run printery Words With Heart, The Galendar® is 30 pages of feminist goodness and supports women every step of the way.





With no set months or dates, and instead 12 blank months for you to fully customise and decorate with three fun sticker pages, whether you do the months in order, miss a month, or start half way through the year - it literally does not matter!

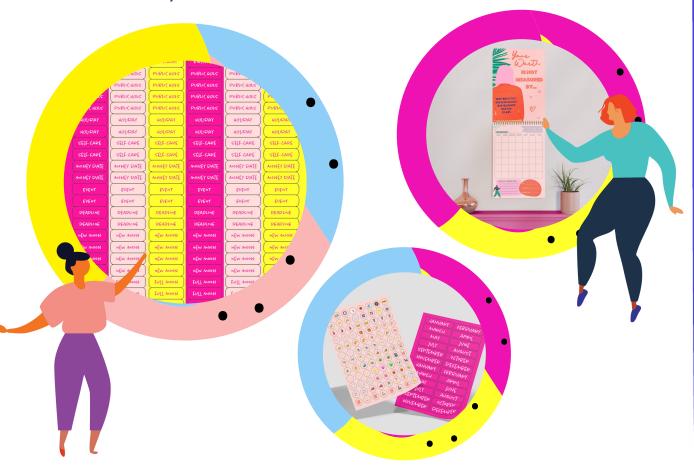
Oh, and did we mention it features four glorious artworks by a diverse range of women that you can frame after you've finished with them? Plus, it funds a day of education for women and girls! So, what are you waiting for?





# HOW DO I USE THIS LIST?

Designed to be used in conjunction with the stickers that come as part of your <u>Galendar®</u>, or whatever you've got in the craft cupboard, decorate your pages with the days or dates that you want to celebrate and commemorate.



While we have tried our utmost to create a comprehensive list, of course, we will have missed some.

If there's a day you think is missing or we've mischaracterised a date that's important to you, please let us know → hello@carmengetit.com.au

PS: for the Aussie and Kiwi gals, there's a complete list of public holidays <a href="here">here</a> & <a href="here">here</a>, and dates marked with an \* change each year, so these are good to go until June 2022.

# WHAT'S COVERED?

- Get out those sparklers and firework stickers, gals, because it's time to ring in the new year...
  - OBSERVANCES, RELIGIOUS + PUBLIC HOLIDAYS

    Look for the 'Public Holiday' stickers and symbols like the red poppy to help you mark these special occasions.
- Almost every day of the year is designated to something super important. Here are a few you won't want to miss...
  - YEAH THE GRRIS

    Honour those who've gone before us every day,
    but on these days especially!
  - QUEEN'S BIRTHDAYS

    A list of queens who've fought for our collective rights and whom you might like to honour on their birthday.
  - FUN HOLIDAYS

    We got the chocolate fiends, cat mamas, taco lovers,

    & even the bookshop bandits covered with these holidays.
- Just cos we know you gals like to get your howl on, here are the astronomical seasons, solstices & all-important mercury retrograde!
  - MONTH BY MONTH

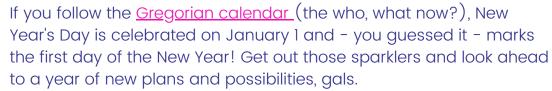
    To make it easier, there's a mini list for each month.

    So, grab your page, that month's sticker & away you go!

LET'S 60!

# NEW YEAR (ELEBRATIONS

#### New Year's Day ~ January 1





#### Lunar New Year ~ February 1\*

Lunar New Year is celebrated by those who – you guessed it, again – follow the cycles of the moon! Kicking off on a new moon and ending on a full moon, 15 days later, Lunar New Year is celebrated across the world. Whether it's Losar in Tibet, Tết in Vietnam, Korean New Year or perhaps the more widely recognised Chinese New Year, the Lunar New Year is marked by vibrant festivals, colourful performances, delicious food, and the transition of the 12 zodiac signs.



#### Nowruz (Persian New Year) ~ March 21

Also known as Persian New Year, Nowruz falls on the <u>vernal equinox</u> (more on that later!) each year and marks the beginning of spring in the Northern Hemisphere, and autumn in the Southern Hemisphere.



#### Hindi New Year (Lunisolar) ~ March 22\*

New Year is typically marked by Hindus in March or April, with communities coming together to celebrate. Some communities also celebrate New Year during or after Diwali, the Festival of Lights, which usually falls in October or November.



#### Songkran (Water Festival) ~ April 13-15

Deriving from a Sanskrit word meaning 'passing' or 'approaching', this three-day water festival rings in the New Year across Thailand, Cambodia, Laos, Myanmar, Sri Lanka and some parts of neighbouring India, China and Vietnam. In what is the hottest month of the year in these parts of the world, cool down in what is effectively the world's biggest water fight.



### MORE NEW YEARS

#### Matariki (Mãori New Year) ~ July 2-5\*



Matariki is the Māori name for the cluster of stars that rise in midwinter and herald the start of a new year. It's a time to celebrate new life, remember those who've passed and plan for the future.

#### Muharram (Islamic New Year) ~ August 9-10\*



Also called Hijri New Year or Arabic New Year, the first day of the Islamic year is observed by Muslims around the world on the first day of the month of Muharram. With a calendar based on revolutions of the moon, rather than the sun, a year is only 354 days long.

#### Rosh Hashanah (Jewish New Year) ~ September 6-8\*



Rosh Hashanah kicks off celebrations for the Jewish New Year, which ends with Yom Kippur or the Day of Atonement. Observed on the first and second day of the seventh month of the Jewish religious year, Tishri, Rosh Hashanah is marked by celebrations including the blowing of the shofar. Shanah Tovah!



# OBSERVANCES, RELIGIOUS & PUBLIC HOLIDAYS

#### Invasion ('Australia') Day ~ January 26

January 26 marks the day in 1788 when the First Fleet of British ships 'arrived' on Australian shores. Designated to 'celebrate' what's great about Australia – for many First Nations communities, January 26 is not a day of celebration, but a day that marks the invasion of lands already claimed and ongoing genocide of the world's oldest continuous culture. Until everyone can celebrate, this day is also referred to as <u>Invasion Day, Survival Day, and the Day of Mourning.</u>



Unlike Australia, where the date of colonisation is 'celebrated', New Zealanders celebrate their national day, <u>Waitangi Day</u> (Te Rā o Waitangi), on the anniversary of the initial signing of the <u>Treaty of Waitangi</u> between <u>Pākehā</u> and Mãori people.

#### Holi ~ March 18\*

Holi is traditionally a Hindu celebration for the arrival of spring, and a day to forgive and repair broken relationships. The night before Holi people gather and perform rituals in front of a bonfire, followed by a festival of colour to brighten up the world.

#### Ramadan & Eid al-Fitr ~ April 2-May 3\*

Ramadan is the ninth month of the Islamic calendar, observed by Muslims worldwide as a month of fasting, prayer, reflection and community. Observers fast from sunrise to sunset, and then break that fast with a nightly feast called 'Iftar'. Eid al-Fitr, also called the 'Festival of Breaking the Fast', is celebrated to mark the end of Ramadan.

#### Good Friday & Easter ~ April 15-17\*

Easter, for Christians, commemorates the death and resurrection of Jesus. For pagans, it is a celebration of the beginning of spring in the northern hemisphere. For others, the holiday is marked by chocolate comas and easter egg hunts – so, whichever reason you are marking, have an eggcellent time...(#notsorry)











#### Passover & Seder ~ April 15-23\*



Passover or 'Pesach' is a seven or eight day celebration in Judaism connected to the barley harvest. Marked by thoroughly cleaning the home and removing all traces of 'chametz' or anything that contains a grain that has risen, Jews come together for the first night of Passover to share a Seder meal.

#### ANZAC Day (Australia & NZ) ~ April 25



ANZAC (Australia & New Zealand Army Corps) Day is a national day of remembrance, originally designated for those who served and died in Gallipoli. Now dedicated to acknowledging all of those who served in wars, conflicts and peacekeeping operations, ANZAC Day is marked by a dawn service and the playing of the Last Post.

#### May Day ~ May 1



More than just something people say when their planes are going down or their boat is about to sink, 'May Day' is actually an ancient festival of spring in many European cultures marked by dances, singing, and cake. Cake, you said? We're sold!

#### Mother's Day ~ May 8\*



Mother's Day is a day to honour mums, motherhood, maternal bonds, and the influence of maternal figures in society. Mother's Day is celebrated on different days around the world, so check your local guide gals. For some, this is a happy day, and for others it can also be incredibly <u>painful</u>. So, be there for each other.

#### National Sorry Day (Australia) ~ May 26



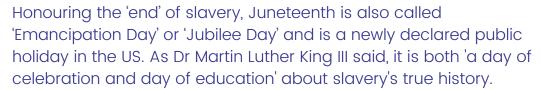
National Sorry Day remembers and acknowledges the mistreatment of Aboriginal & Torres Strait Islander peoples forcibly removed from their families and communities (Stolen Generations). Also a day to acknowledge the strength of survivors, and to remind all of us that injustices are still an ongoing trauma.

#### National Reconciliation Week (Aus) ~ May 27-June 3



Starting on the date of the 1967 Referendum that voted to acknowledge Aboriginal and Torres Strait Islander peoples as, well, actual people - National Reconciliation Week runs until Mabo Day. A time to learn about our shared histories, cultures & achievements, reconciliation is about more than words, it's about actions.

#### Juneteenth (US) ~ June 19





#### End of Financial Year (Aus) ~ June 30

Tax time, bishes! For you Australian gals, June 30 marks the end of the financial year and the time to get your finances in order.

Awesome folks at <u>Verve Super</u>, <u>The Women's Accountant</u> and <u>Ladies Talk Money</u> have some excellent resources to get you ready. If you're based outside Aus, be sure to check when your financial year ends because no one likes a visit from the tax man!



#### NAIDOC Week ~ July 4-11\*

NAIDOC Week activities are held across Australia each July to celebrate the vast history, culture and achievements of Aboriginal and Torres Strait Islander peoples. With so many ways to get involved, how will you be celebrating NAIDOC Week?



#### Father's Day ~ September 5\*

Father's Day is a day to thank our dads, papas, papis, babas, and tatas for all they do. Father's Day is celebrated on different days throughout the world, so be sure to check yours! Similar to Mother's Day, this one can be filled with joy for some and heartache for others, so look out for each other.



#### R U OK? Day ~ September 9

R U OK? is a suicide prevention initiative reminding us that conversations can save lives. Making the time to meaningfully connect and have conversations with those around us can sometimes make all the difference.



#### Yom Kippur ~ September 27-28\*

Yom Kippur, also known as the Day of Atonement, is the holiest day of the year in Judaism and traditionally observed with a day-long fast and intensive prayer.



#### Halloween ~ October 31

Halloween has transitioned over the years from a pagan ritual to a day of parties, costumes, jack-o-lanterns & trick-or-treating. If you want to get all History Channel, <u>learn more about this spooky day!</u>



#### Day of the Dead (Mexico) ~ November 1-2



The Day of the Dead (el Día de los Muertos), is a Mexican holiday where families welcome back the souls of their deceased relatives for a brief reunion that includes food, drink and celebration. Even though lively celebrations include masks, painted faces and brightly coloured decorations, remember: culture is not a costume.

#### Diwali ~ November 2-6\*



Diwali or the 'Festival of Lights' is a five day post-harvest festival celebrated by Hindus, Sikhs, Jains, and some Buddhists throughout the world. Lamps, fireworks and bonfires illuminate this holiday to symbolise the victory of light over dark.

#### Remembrance Day ~ November 11



Remembrance Day is commemorated every year to mark the armistice signed to end WWI at the eleventh hour on the eleventh day of the eleventh month in 1918. Red poppies were amongst the first plants to spring up in former European battlefields, and are often worn on this day as a powerful reminder of the blood shed.

#### Thanksgiving ~ November 25\*



Thanksgiving is a celebration of the harvest festival and a day of giving thanks for the blessing of the harvest. Now synonymous with turkeys, parades and those epic 'Black Friday' and 'Cyber Monday' sales, learn more about the origins of Thanksgiving here.

#### Hanukkah ~ Nov 28-Dec 6\*



Hanukkah is a joyous Jewish festival of lights observed over eight nights. Each night a new candle is lit on a menorah until all eight candles are lit.

#### Christmas Day ~ December 25



For Christians, Christmas marks the birth of Jesus Christ, and making it the 'most wonderful time of the year' (try getting that jingle out of your head!). However, for Christians and non-Christians alike, many mark this special day with gift-giving, carol singing and some hella delicious spreads.

#### Kwanzaa ~ December 26-January 1



Kwanzaa is a celebration of African-American culture based on 7 principles (Nguzo Saba): unity, self-determination, collective work & responsibility, cooperative economics, purpose, creativity & faith.

### INTERNATIONAL DAYS

#### World Day of Social Justice ~ February 20



<u>World Day of Social Justice</u> recognises the need to promote social justice and tackle poverty, exclusion, gender equality, unemployment, and human rights.

#### Earth Day ~ April 22



From investing in more green spaces to creating green jobs, <u>Earth</u>

<u>Day</u> is designed to diversify, educate and activate the environmental movement worldwide.

#### **IDAHOBIT** ~ May 17



International Day Against Homophobia, Biphobia, Interphobia and Transphobia or 'IDAHOBIT' celebrates LGBTIQA+ people, raises awareness of rights violations and reminds us all of the work still to do to combat discrimination and injustice.

#### World Bee Day ~ May 20



World Bee Day calls attention to the role of bossass bees and other buzzy little pollinators in our ecosystem.

#### World Refugee Day ~ June 20



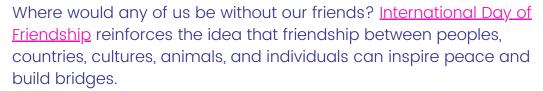
World Refugee Day celebrates the strength and courage of people who have been forced to flee their homes to escape conflict or persecution. This day gives us yet another chance to better understand the plight of people from refugee and asylum seeker backgrounds and recognise their continued resilience in the face of oppression, trauma and discrimination.

#### Micro, Small and Medium-Sized Enterprises Day ~ June 27



A day to <u>raise awareness of entrepreneurs' positive contributions</u> to sustainable development and the global economy, today is the perfect day to give your favourite small business a shout out!

#### International Friendship Day ~ June 30





#### Black Lives Matter founded ~ July 13

Founded by three badass women, the <u>Black Lives Matter</u> movement is a decentralised political and social movement advocating for non-violent civil disobedience to protest police brutality and racially motivated violence against Black people.



# International Day of the World's Indigenous People ~ August 9

Observed each year to raise awareness and protect the rights of indigenous populations around the world, this day also recognises the <u>achievements and contributions that indigenous peoples make</u> to improve world issues such as climate change.



#### World Humanitarian Day ~ August 19

World Humanitarian Day is dedicated to recognising humanitarian workers and those who have lost their lives working for humanitarian causes, as well as celebrating the spirit of people helping others. Need a little inspiration? Watch 'I Was Here' by Queen Bey for World Humanitarian Day in 2012.



#### International Day of Charity ~ September 5

Whether you give a little or a lot, why not send a little cash to your favourite charity today? Some of our favourites include <u>The Global Women's Project</u>, <u>Djirra</u>, <u>Sisters Inside</u>, <u>Women and Girls Emergency Centre (WAGEC)</u> and <u>Birth for Humankind</u>.



# World Suicide Prevention Day ~ September 10

So many people's lives have been touched by suicide. With everything going on in the world right now, <u>World Suicide Prevention Day</u> feels more important than ever. Be sure to check in on your friends and those around you, even if they seem like they're fine.



#### Global Day of Action ~ September 25



The climate crisis is an inescapable reality. The <u>Global Day of Action</u> is a direct action protest to focus world attention on the effect that we are having on the planet. But you don't have to wait a minute longer to <u>take action</u>.

#### World Toilet Day ~ November 19



Sharing this day with International Men's Day (you make your mind up about the connection), <u>World Toilet Day</u> is about inspiring action to tackle the global sanitation crisis by 2030. Flush, flush!

# International Day of People with Disability (IDPwD) ~ December 3



International Day of People with Disability seeks to increase awareness of the achievements and contributions of people with a disability in every aspect of political, social, economic, and cultural life. Learn more about the <a href="history of the Disability Rights Movement">history of the Disability Rights Movement</a> and consider supporting the work of an organisation tackling systemic exclusion of people with disabilities.

#### World Human Rights Day ~ December 10



Marking the day that the <u>Universal Declaration of Human Rights</u> was adopted in the UN General Assembly, World Human Rights Day proclaims the inalienable rights to which we are all entitled. Why not <u>learn more about the women</u> who shaped the Universal Declaration?



For a <u>full list of International</u>

<u>Days and Weeks</u>, the UN has gotcha covered, gal. Have we missed something?

Send us some mail → hello@carmengetit.com.au

### YEAH THE GRRLS!

If you were freaking out because IWD and Galentine's Days weren't on the list of International Days - ne'er fear, the dates are here!



#### Galentine's Day ~ February 13

Celebrated on the day before that other made-up holiday (ahem, Valentine's Day), <u>Galentine's Day</u> is dedicated to showering your closest gal friends with love and affection. Created by fictional feminist icon <u>Leslie Knope from Parks & Rec</u>, don't forget to show your gals a little extra love on this special day.

#### Women's History Month ~ March

<u>Women's History Month</u> is an annual month to highlight the contributions of women. Including IWD, this month, look out for lists and articles celebrating women, and learn about the many extraordinary contributions of women all around the world.

#### International Women's Day ~ March 8

IWD is a global day celebrating the social, economic, cultural, and political achievements of women, and to renew calls for meaningful actions to achieve gender equality. Symbolised by <u>purple, green and white</u> – you can host events, donate to your favourite women's charities or write a ranty post but sure as hell don't do any dishes.









# International Day of Action for Women's Health ~ May 28



The <u>International Day of Action for Women's Health</u> is a day to take action and stand up for sexual and reproductive rights for what they are: an indivisible and inalienable part of our human rights. Get a check-up or make a donation to a charity that supports women's health this May 28!

#### Equal Pay Day (Australia) ~ August 28\*



In Australia, <u>Equal Pay Day</u> is the day after the end of the financial year that women would have to work until just to earn the same amount as men. That's 59 more days. And we know it's way worse for those who aren't educated, citizens, single, and white. We know you're sick of talking about the pay gap, but we bet you're even more sick of being paid less. <u>Here are a few things you can do this Equal Pay Day</u>.

#### International Day of the Girl ~ October 11



International Day of the Girl not only celebrates the achievements and potential of girls but aims to highlight the needs and challenges that girls face all over the world. From access to education to menstrual hygiene, how can you make this world better for girls?

#### 16 Days of Activism Against Gender-Based Violence ~ Nov 25-Dec 10



<u>16 Days</u> is an international campaign that runs from International Day for the Elimination of Violence Against Women to World Human Rights Day to connect violence against women to human rights.







If you need some feminist goodies or something to gift your grrl gang, all you gotta do is <u>CARMEN GET IT!®</u>

# QUEEN'S BIRTHDAYS

#### Greta Thunberg ~ January 3





#### Michelle Obama ~ January 17

Lawyer, leader and owner of the best guns in the business, Michelle Obama was the <u>First Lady we all deserved</u>.



#### Oprah ~ January 29

She don't need no last name, there's <u>only one Oprah</u>. Broadcasting queen, leader, philanthropist, survivor, and actor - the architect of many an 'aha moment'.



#### **Audre Lorde ~ February 18**

Writer, feminist, womanist, librarian, and civil rights activist who dedicated her life and creative talent to confronting and addressing injustice.



#### Stella Young ~ February 24

Comedian, journalist & fierce disability rights activist with self-described 'dodgy bones'. Her TedTalk '<u>I'm Not Your Inspiration, Thank You Very Much</u>' is a must-watch. Rest in power, Stella.



#### Ruth Bader Ginsburg ~ March 15

<u>Notorious RBG</u> was a US Supreme Court Justice and fervent dissenter for women's rights. Watch '<u>On The Basis Of Sex</u>' to honour her today.



#### Gloria Steinem ~ March 25

Writer, journalist, and social political activist, and <u>co-founder of Ms.</u> <u>Magazine</u>.



#### Maya Angelou ~ April 4

Poet, memoirist, dancer, and civil rights activist, she made <u>rebellion</u> and <u>resistance part of the global psyche</u>.



#### Adrienne Rich ~ May 16

Poet, essayist and feminist, and one of the most influential poets of the 20th century.



### MORE QUEENS

#### Sylvia Rivera ~ July 2

LGBTIQA+ activist, drag queen, and tireless advocate for marginalised peoples.



#### Frida Kahlo ~ July 6

Mexican painter known for her self-portraits and works exploring identity, postcolonialism, gender, class, and race, with the best eyebrows in the biz.



#### Malala Yousafzai ~ July 12

Another incredible woman who needs no last name, this courageous activist survived an assassination attempt to advocate for women and girls' education and become the youngest Nobel Prize laureate.



#### Jacinda Ardern ~ July 26

Current Prime Minister of New Zealand, world's youngest woman Head of Government at 37, and second elected leader to give birth in office.



#### Beyoncé ~ September 4

This queen needs no introduction, but in case you're yet to experience her greatness, Queen Bey is a singer, dancer, actress, mama, and feminist.



#### Chimamanda Ngozi Adichie ~ September 15

Nigerian writer and feminist whose novels and short stories call out a culture in which girls can have ambition, but not too much.



#### bell hooks ~ September 25

Gloria Jean Watkins, better known by her pen name bell hooks, is an author, professor, feminist, and social activist.



#### Julia Gillard ~ September 29

Australia's 27th and first woman Prime Minister, Gillard served from 2010-2013 and is perhaps best known for that misogyny speech.



#### Alexandria Ocasio-Cortez ~ October 13

Politician, activist and youngest congresswoman ever, AOC is a fierce advocate for immigration rights, universal healthcare and social iustice.





### AND A FEW MORE!

#### Roxane Gay ~ October 15

This self-confessed 'bad feminist' is a writer, professor, editor, survivor, and social commentator whose work must be on your list.



#### Kamala Harris ~ October 20

First woman, first Black woman and first Asian-American to be named Vice-President of the US after a lifetime of public service.



#### Hillary Rodham Clinton ~ October 26

Lawyer, senator, Secretary of State, and should abeen <u>first-ever</u> woman to be elected <u>President</u> (don't @ us), Hills proclaimed <u>'women's rights are human rights</u>, once and for all'.



#### Nawal El Saadawi ~ October 27

Egyptian feminist writer, activist, physician, and psychiatrist, she has been <u>described</u> as "the Simone de Beauvoir of the Arab World".



#### Marie Curie ~ November 7

Born Maria Salomea Skłodowska, Marie Curie was a Polish and French physicist and chemist, and the <u>first woman to win the Nobel Prize</u>.



#### Aretha Brown ~ November 11

Gumbaynggirr woman, activist, artist, and the youngest ever Prime Minister of the <u>National Indigenous Youth Parliament</u>.



#### Carly Findlay ~ December 8

Writer, speaker, disability and appearance activist, and proud wearer of this f\*cking fabulous wardrobe.



#### Ada Lovelace ~ December 10

Mathematician and writer often regarded as the world's first computer programmer.



This list coulda been a mile longer...
but if there's a queen that needs
the whole world to bow down,
let us know!



### FUN HOLIDAYS

#### Festival of Sleep Day ~ January 3

Who isn't in need of a daylong sleep fest? Today you have all the excuses you're ever gonna need to stay under the doona all day.



#### Cut Your Energy Costs Day ~ January 10

We love a good eco-friendly gal, so set aside a little time today to do an 'energy audit' with <a href="One Small Step">One Small Step</a>.



#### World Popcorn Day ~ January 19

Who can go past the delicious buttery, salty goodness of a bucket of popcorn? Sounds like the perfect day for an impromptu movie night.



# Answer Your Cat's Questions Day ~ January 22

If you don't want curiosity to kill the cat, then answer your kitty's damn questions today!



#### World Puzzle Day ~ January 29

Spend time doing your favourite type of puzzle today - a jigsaw from <a href="Okay Lady">Okay Lady</a>, a crossword, sudoku, or just figuring out where you stashed that emergency chocolate bar, happy puzzling gals!



#### World Croissant Day ~ January 30

Put on a beret, a fake moustache and enjoy some flaky buttery croissants today. Bon appétit!



# Eat Ice-Cream for Breakfast Day ~ February 1

A little cookies and cream, rainbow swirl, boysenberry or salted caramel, we don't care what the dentist says, ice cream is the breakfast of champions.



#### World Pizza Day ~ February 9

Not that you need an excuse to eat pizza, but today it'd be rude not to...





# A HEAP MORE FUN ...

#### Random Act of Kindness Day ~ February 17



Buy a stranger a coffee, pick some weeds out of a neighbours front lawn or offer to babysit for your strung out af friend - in a world where you can be anything, be kind, ok gals?

#### April Fools Day ~ April 1



Have you ever wondered what April Fools Day actually is? Neither. But if you're curious, <u>here's what it's all about</u>, and remember: anyone who says you don't deserve to be paid equally is a damn fool.

#### World Dance Day ~ April 29



Originally chosen to celebrate the birth of Jean-Georges Noverre, the creator of modern ballet, but we reckon he'd be totally fine with you shaking your groove thang any ol' way to the <u>GET IT! Grrl playlist!</u>

#### World Cocktail Day ~ May 13



Cosmo. Daiquiri. Piña colada. Virgin margarita. Fancy it up with your cocktail or mocktail of choice today.

#### World Tea Day ~ May 21



May your cup runneth over with your favourite brew as you look posh and have a little reflect on the long history and deep cultural and economic significance of tea around the world.

#### National Nail Polish Day ~ June 1



Whether you spend your day typing, changing nappies, flipping burgers or flipping the bird - give yourself something nice to look at!







Give those nails a zhuzh with some bold and bright vegan polishes from the <u>GET IT! Store!</u>

# YES, STILL MORE FUN ...

#### Worldwide Knit in Public Day ~ June 11\*



There really is a day for everything, and this one's for you to enjoy a yarn and a knit out in the world, apparently!

#### International Sushi Day ~ June 18



We're soy into sushi, so this day will make miso happy. No? Too bad, that's how we roll.

#### International Day of Yoga ~ June 21



Fold yourself into a pretzel & let out a big 'om' in celebration, yoginis.

#### World Chocolate Day ~ July 7



A yearly celebration of chocolate, yasssss please. Sure, every day is chocolate day, but today it'd just be rude not to eat the whole block.

#### International Self-Care Day ~ July 24



While self-care is not all bubble baths and bellinis, they do sound awful good. Whatever your self-care routine needs to look like today, honour yourself and your health this <u>International Self-Care Day</u>.

#### World Avocado Day ~ July 31



Sure, you can't buy a house, but you can enjoy everyone's favourite avo on toast today. Take that, middle-aged moraliser Bernard Salt.

#### National Tree Day ~ August 1\*



Trees are pretty magical, and they do us a solid by taking our carbon dioxide and turning it into oxygen without us even having to ask. Get outside and say thanks to these treemendous creatures.

#### **Bowling Day ~ August 14\***



We know this is right up your alley, so pull on those fancy shoes and strike up a little fun! (We're trying to bowl you over, is it working?)

#### Dog Appreciation Day ~ August 26



Whether it's your schneaky schnauzer, your ca-ute cavoodle or your badass bulldog, give that doggo a big ol' huggo today.

# WAIT, THERE'S MORE ...

#### Talk Like a Pirate Day ~ September 19

Break out yar hornpipe, yar eye patch and yar pet parrot and talk like Cheng, Grace or Mary for a day (they're <u>pirates</u>, matey).



#### World Dumpling Day ~ September 26

Get in ma belly! In soup, steamed or fried, it don't matter - just fill up on their doughy goodness, gals.



#### International Coffee Day ~ October 1

Your brew, ya cawfee, your cup o' joe, your jet fuel, your liquid lightning - whatever you call it, make it a grande today.



#### World Smile Day ~ October 2

Spread that goodwill and cheer today but, whatever you do, don't smile if a man asks you to.



#### Love Your Bookshop Day ~ October 3

If you can walk into a bookstore and come out without a stack, you're a better gal than us. Love Your Bookshop Day celebrates our favourite bookshops, so head in and support your local.



#### National Taco Day ~ October 4

If you have a bad queso the munchies, go wacko for tacos today.



#### National Bathtub Day ~ October 7

Whether you like your baths bombed or bubbled, jump in and have the soak to end all soaks today.



#### Cake Day ~ November 26

Probably one of the greatest holidays ever invented, have your cake and eat it too, gals.



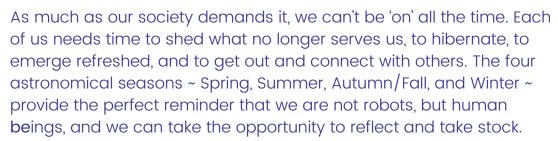
#### World Champagne Day ~ December 31

Get fancy and celebrate the end of the year with a glass of bubbles! Don't mind if I do...



### LUNAR DATES

#### Seasons ~ Autumn, Winter, Spring, Summer







While we often simplify matters by thinking of the seasons as 'three months' beginning on the first of March, June, September, and December - the astronomical seasons are actually tied to the solstices and the equinoxes (more on that below). Check to see <a href="https://www.when.check.com/





If you follow, or are curious about, the Aboriginal seasons, go <u>here</u> and <u>here</u>, and for further resources <u>here</u>.

these stickers to mark them in your Galendar®!

Get a full list of astronomical events here,







#### **Mercury Retrograde**

A phenomenon that occurs three to four times a year and lasts for about three weeks, <u>Mercury</u> <u>Retrograde</u> has to do with the orbits of Mercury in relation to the Earth.

Said to rule communication, as many a marketer will tell you, don't launch a new campaign or product during MR! For some of us, it means nothing. For others, it means everything. Whatever it means to you, pop the sticker on your Galendar® and be wary of any big communication misunderstandings or disagreements during this time.

Sep 27-Oct 18 (2021)\*
Jan 14-Feb 3 (2022)\*
May 10-June 2 (2022)\*



### A LITTLE MORE LUNAR

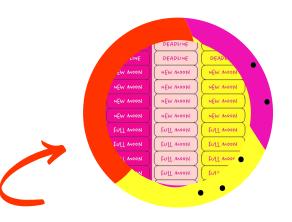
#### The Solstice & the Equinox

Whether you're a Northern Hemisphere hottie or a Southern Hemisphere sister, June 21 & December 21 mark the <u>Winter</u> and <u>Summer</u> Solstices. If you're in the South, come June 21, you're rugged up with your hands around a warm cup of tea, or about to do a <u>nudie swim at Dark Mofo</u>. It's the perfect time for dreaming, manifesting & planning.

If you're in the North, that same day is instead the longest day of the year and you are fully awakened, your spirits are refreshed, renewed, and energised; all that good, juicy, glowy goodness of the summer. And, of course, December 21 is the opposite; Summer Solstice for the southerners, Winter Solstice for the northerners.

One cool thing about the Solstice is that it's a precise planetary moment when the Earth's tilt reaches its zenith. It's not a day, or a time (like New Year), which is celebrated at various times as the Earth rotates through time zones. The Solstice happens at an exact moment; the same moment everywhere on Earth.

As for the Equinoxes, they mark the dates when the length of day and night is almost equal, basically half way between the solstices. In the Northern Hemisphere, the Spring or 'Vernal' Equinox marks the beginning of Spring on March 21, and the Fall or 'Autumnal' Equinox heralds the beginning of Autumn/Fall. And - you guessed it - it's the opposite for the Southern Hemisphere. You're getting good at this!



While you're getting your howl on, don't forget to use the New Moon & Full Moon stickers. There's a list of moon dates <u>here!</u>



### MONTH BY MONTH

To make it a little easier when you're decorating your Galendar®, here are the dates that happen each month. And remember, this is Your Galendar®, Your Way, so choose the page you want, grab that month's sticker and pop the days and dates on as you wish!

#### JANUARY

Named after the Roman God 'Janus' (cool name, bro), this God of transitions and new beginnings is often depicted with two faces - one looking forward and the other looking back - which tracks for the first month of the Gregorian year, we reckon!



- 1 ~ New Year's Day (Gregorian Calendar)
- 3 ~ Festival of Sleep Day
- 3 ~ Greta Thunberg's Birthday
- 10 ~ Cut Your Energy Costs Day
- 14 February 3 (2022)\* ~ Mercury in Retrograde
- 17 ~ Michelle Obama's Birthday
- 19 ~ World Popcorn Day
- 22 ~ Answer Your Cat's Questions Day
- 26 ~ Invasion (Australia) Day
- 29 ~ Oprah's Birthday
- 29 ~ World Puzzle Day
- 30 ~ World Croissant Day

#### FEBRUARY

Other than being one of the most misspelled and mispronounced words in the English language (damn that sneaky 'r'), this is the shortest and sweetest month, giving the gift of an extra day every four years.

- 1\* ~ Lunar New Year
- 1 ~ Eat Ice-Cream for Breakfast Day
- 3\* ~ End of Mercury Retrograde
- 6 ~ Waitangi Day (NZ)
- 9 ~ World Pizza Day
- 13 ~ Galentine's Day
- 17 ~ Random Act of Kindness Day
- 18 ~ Audre Lorde's Birthday
- 20 ~ World Day of Social Justice
- 24 ~ Stella Young's Birthday

#### MARCH

Yewwwww, March is Women's History Month, or should we say...Herstory Month! Time to celebrate the many and diverse ways that women make this world better every damn day and march (for your rights, queens).

8 ~ International Women's Day

15 ~ Ruth Bader Ginsburg's Birthday

18\* ~ Holi (Hindu Festival of Love, Colours and Spring)

21 ~ Nowruz (Persian New Year)

21 ~ Autumnal (South) / Spring or 'Vernal' (North) Equinox

22\* ~ Hindi New Year

25 ~ Gloria Steinem's Birthday

#### APRIL

Wherever you are in the world, this is the month to look to the skies. Don't worry, it's no fools - apparently, April is the best month for meteor showers!

1 ~ April Fools Day

2 - May 3\* ~ Ramadan & Eid al-Fitr

4 ~ Maya Angelou's Birthday

13 - 15 ~ Songkran (Water Festival)

15 - 17\* ~ Good Friday & Easter

15 - 23\* ~ Passover & Seder

22 ~ Earth Day

25 ~ ANZAC Day

29 ~ World Dance Day

#### MAY

No one exactly knows what the month of May was named after – some say it was after Maius the Greek goddess of fertility, others say it was after the Latin word Maiores, which means elders. For some, it just means that it's Eurovision time or it's our little sister's birthday.

1 ~ May Day

8\* ~ Mother's Day

10 - June 2\* (2022) Mercury in Retrograde

13 ~ World Cocktail Day

16 ~ Adrienne Rich's Birthday

17 ~ IDAHOBIT

20 ~ World Bee Day

21 ~ World Tea Day

26 ~ National Sorry Day

27 - June 3 ~ National Reconciliation Week

28 ~ International Day of Action for Women's Health

MAR(H

APRIL

MAY

#### JUNE

Thought to be named after Juno, the Roman Goddess of Marriage & the Wellbeing of Women, it seems kinda ironic that <u>unmarried</u> <u>women are statistically happier</u>. Anyhoo, no other month in the year begins on the same day of the week as June, so that's kinda cool!

- 1 ~ National Nail Polish Day
- 11\* ~ Worldwide Knit in Public Day
- 18 ~ International Sushi Day
- 19 ~ Juneteenth (US)
- 20 ~ World Refugee Day
- 21 ~ International Day of Yoga
- 21 ~ Winter (South) / Summer (North) Solstice
- 27 ~ Micro, Small & Medium-Sized Enterprises Day
- 30 ~ End of Financial Year (Australia)
- 30 ~ International Friendship Day



HALF WAY,

#### JULY

Sensing a theme here, apparently July was named after ol' mate Caesar. And because in the Northern Hemisphere it's the hottest month of the year with thunderstorms and all that good stuff that sends dogs a little cray, Ancient Romans called these the 'dog days'. We just know 'dog days' as a killer Florence and the Machine song, which you can listen to in our <u>ultimate GET IT! GRRL playlist</u>.

- 2 ~ Sylvia Rivera's Birthday
- 2-5\* ~ Matariki (Maõri New Year)
- 4-11\* ~ NAIDOC Week (Australia)
- 6 ~ Frida Kahlo's Birthday
- 7 ~ World Chocolate Day
- 12 ~ Malala Yousafzai's Birthday
- 13 ~ Black Lives Matter founded
- 24 ~ International Self-Care Day
- 26 ~ Jacinda Ardern's Birthday
- 31 ~ World Avocado Day

#### AUGUST

If you enjoy a good sandwich, you apparently have the Earl of Sandwich to thank for that! In this month in 1762, he requested meat between two pieces of bread so he 'didn't have to interrupt' a game and basically changed all our lunch lives forevermore. Sly genius!

- 1\* ~ National Tree Day
- 9 ~ International Day of the World's Indigenous Peoples
- 9-10\* ~ Muharram (Islamic New Year)
- 14\* ~ National Bowling Day





19 ~ World Humanitarian Day

26 ~ Doggo Appreciation Day

28\* ~ Equal Pay Day (Australia)

#### SEPTEMBER

Get this - in 1752 when the British Empire (gross) adopted the Gregorian calendar, they literally went straight from the 2nd to the 14th and just skipped September 3rd to 13th altogether. Sure, makes total sense. Too bad if your birthday was then, but kinda good if your rent was due, we're guessing?



4 ~ Queen Beyoncé's Birthday

5\* ~ Father's Day

5 ~ International Day of Charity

6-8\* ~ Rosh Hashanah (Jewish New Year)

9 ~ R U OK? Day

10 ~ World Suicide Prevention Day

15 ~ Chimamanda Ngozi Adichie's Birthday

19 ~ Talk Like a Pirate Day

21 ~ Spring or 'Vernal' (South) / Autumnal (North) Equinox

25 ~ Global Day of Action

25 ~ bell hooks' birthday

26 ~ World Dumpling Day

27-28\* ~ Yom Kippur

27 - October 18\* (2021) ~ Mercury in Retrograde

29 ~ Julia Gillard's Birthday

#### OCTOBER

Those jolly Saxons originally called October 'Wyn Monath', which translates to 'wine month', as it was the best time of year to make wine. Whether it's a glass of your favourite vino, or even just a good w(h) ine with your bestie, we'll cheers to that!



2 ~ World Smile Day

3 ~ Love Your Bookshop Day

4 ~ National Taco Day

7 ~ National Bathtub Day

11 ~ International Day of the Girl

13 ~ Alexandria Ocasio-Cortez's Birthday

15 ~ Roxane Gay's Birthday

20 ~ Kamala Harris' Birthday

26 ~ Hillary Rodham Clinton's Birthday

27 ~ Nawal El Saadawi's Birthday

31 ~ Halloween



#### NOVEMBER

The best month of the year according to us (our birthday + when we launched the GET IT! Store!), November's birthstone is the topaz, which symbolises friendship, strength and honour. Apparently the ancient Greeks also believed that topaz could make you invisible. What would you do with that kinda power? Definitely not give Zuckerberg a wedgie, put mansplainers on mute & perform alongside Beyoncé. Definitely not.

1-2 ~ Day of the Dead (Mexico)

2-6\* ~ Diwali

7 ~ Marie Curie's Birthday

11 ~ Remembrance Day

11 ~ Aretha Brown's Birthday

19 ~ World Toilet Day (and International Men's Day \*wink\*)

25\* ~ Thanksgiving (+ 'Black Friday' and 'Cyber Monday' sales)

25 - December 10 ~ IDEVAW and the beginning of the 16 Days

26 ~ Cake Day

28 - December 6\* ~ Hanukkah

#### DECEMBER

Nearly made it queens! This is the last month of the year (for most) and apparently the month where we withdraw and spend the most moolah. That tracks. So, whether you celebrate by decorating a tree, lighting the candles on the menorah, hosting a Solstice ritual, or just putting that sweet, sweet 'out of office' auto-reminder on, finish off the year in style and be mindful of your spending. PS: there's a fun little end of year reflection on the last page of your Galendar®!

3 ~ International Day of People with Disability (IDPwD)

6\* ~ End of Hanukkah

8 ~ Carly Findlay's Birthday

10 ~ World Human Rights Day

10 ~ Ada Lovelace's Birthday

21 ~ Summer (South) / Winter (North) Solstice

25 ~ Christmas Day

26 - January 1 ~ Kwanzaa

31 ~ World Champagne Day

Whoomp, there it is - a list of dates to help make your year meaningful for you. A big thank you to our Grrl Fridays, Michelle & Jo, for their help putting this list together and to all of those making <a href="mailto:The Galendar@">The Galendar@</a> their own and sharing their pics, we salute you, gals!





